



SOUTH SIDE HELP CENTER - LIVING OUR MISSION. SERVING PEOPLE. STRENGTHENING COMMUNITIES
South Side Help Center is dedicated to identifying and addressing the health and social support needs of African American families who are at risk for negative health and life outcomes.

DESCRIPTION OF YOUTH DEVELOPMENT DEPARTMENT

South Side Help Center's Youth Programs are a collection of locally based programs that provide youth ages 9-18 with comprehensive services to help them achieve success, inherit positive self-esteem, distinguish values important to them and enable them to thrive as a productive adult member of society.

SCHOOL BASED PROGRAMS

Botvin Life Skills Program

Life Skills Programs focus on the development of effective social and problem-solving skills utilizing non-violent methods. Skill building activities are performed that help youth develop life skills to enhance their individual attitudes and behaviors to help meet the psychological, physical and social needs of youth.

Family Violence and Drug Prevention Program

The Family Violence and Drug Prevention Program focuses on building healthy relationships, self-esteem, and communication skills to prevent violence drug use, and early sexual activities.

OUT OF SCHOOL TIME PROGRAMS

Youth Self-Enhancement Program -Y.S.E.P.

The YSEP program focus is to help prevent youth delinquency, to direct youth on paths of self-enhancement, and to provide youth with positive activities to participate in after school hours.

Creatively Relating Entertainment and Arts To Educate - C.R.E.A.T.E.

C.R.E.A.T.E is a interactive peer leadership program, for Jr. and High school students. This program was developed to focuses on the dangers of substance abuse and violence using creative expressions such as plays, poetry, rap, dance, video production and newsletters.

Mentoring

Mentoring program is designed enhance male and female development by discussing the actions and feelings taking place during puberty, and also gives the youth opportunities to explore their own development thru weekly discussions. The mentoring programs also encourages youth to work together for the improvement of social conditions for themselves and their communities.

