HELP IS HERE
The South Side Help Center Team works together with individuals and community organizations to address issues that inhibit the productivity of the community and hinder the greater-good of its residents.

Successfully resolving these issues takes the heartfelt dedication and hard work of people who know the community and possess the skills and passion to serve its people.

SSHC is structured so that it can effectively execute an array of community social services, while also broadening its influence and scope of services through capacity building and collaborations.

In essence, we provide HELP to individuals and organizations.

FUNDEES
AIDS Foundation of Chicago
Centers for Disease Control
Chicago Department of Public Health
Department of Human Services
Illinois Department of Public Health
And Others

SUPPORTERS/PARTNERS
Access Community Health Network
Fry Foundation
Polk Brothers
Walgreens
VNA Foundation
Chicago Community Trust
Howard Brown Health Center
Public Health Institute
University of Illinois at Chicago
William G. McGowan Charitable Fund
……… And Others

BOARD MEMBERS
McKenzie W. Smith, Chairman
Anthony J. Stoll, Treasurer
Barbara Morris, Secretary
Matthew Ingram, Member
Steve Teichner, Member
Hazel White, Member
Betty Smith, Founder, Chairman Emeritus

Jennie Betton, Vice Chairman
Linda Caradine-Poindsett
Mattie Curtis, Member
Dr. Rosemary Rick-Saulsbury
Darryl Wesley, Member
Mr. Louis Powell, Member

Vanessa Smith
Executive Director

For Additional Information and to Make Donations, www.SouthSideHelp.org
OUR HISTORY
Founded in June 1987, South Side Help Center (SSHC) is purposed to help people of all ages embrace a lifestyle of prevention against mental, physical, and social ills by providing positive, healthy alternatives so that community residents can lead productive lives. Some of the milestones over the past twenty-plus years include:
- 1992-1993 Peer Educators’ Award
- 1996 Launched Church AIDS Initiative
- 2000 Launched Violence Prevention Program
- 2000 Officially Launched Capacity Building Services
- 2000 Hosted “Illinois Women Preventing HIV conference”
- 2003 Implemented Housing Advocacy Program
- 2004 Launched CAN-TV Monthly Program
- 2008 Lights On After-School Event

OUR FOCUS
SSHC purpose and legacy is in serving the people of the community. We actualize our mission of “Providing people with positive and healthy alternatives” through many programs and services. Some of them include:
- Community Outreach Programs:
  - Substance Abuse Prevention
  - HIV Prevention Programs including HIV testing
  - Young Men Community Action Program
  - Coalition Development & Research program (YMCACA)
  - CEDA/ Energy Assistance
- Youth Programs:
  - Male/Female Mentoring
  - Youth Self Enhancement Program (YSEP)
  - After School Program
  - Substance Abuse Prevention
  - School-based Violence Prevention Programs
  - Valerie Smith Reid Scholarship Fund
- Capacity Building:
  - Statewide Capacity Building Initiative
  - Building and Nurturing Communities of Color (BANCC)
- Direct Services:
  - Mental Health Counseling
  - Case Management

OUR GOAL
South Side Help Center will be perceived as a premier national and global provider of comprehensive community preventive social services to individuals and capacity building to organizations.

Our experience, intuitiveness and unique ability to engage our constituents affords us the opportunity to develop and implement some of the most innovative and impactful prevention and intervention programs including:
- Outreach Mobile unit with FREE HIV Prevention materials, HIV testing and counseling in beauty shops, partnering with local businesses to provide condoms, and more
- In-School & After-School Youth Programs
- Onsite mentoring programs at our Help Centre and school based violence prevention by experienced professionals
- Job Development & Home Utility Support
- FREE Educational Workshops, counseling for women in homeless shelters, light/heat and weatherization intake site
- Capacity Building Assistance Services Training for program development, fiscal management, behavioral interventions and other services to organizations throughout the United States.

Community needs change. Funding streams change too. We thank our past and current supporters, and hope we can count on them and YOU to help us help the community. Please become a supporter TODAY.

We started with a focus on educating the African-American community about HIV in order to address its disproportionate and growing incidences. Then, we extended our services by developing cutting-edge, culturally sensitive youth mentorship, family violence prevention, mental health counseling, case management, and other programs so that we could serve the community needs.

SSHC has worked hand-in-hand with individuals, families, organizations, businesses, political organizations, foundations and others who share our dedication to addressing the community’s needs.

We need your help to provide hope and help for a promising future of our communities.

Whether its mental, physical, financial or spiritual support we aspire to lead by example, and this dedication is reflected in the ethics and hard work of our board, staff, members, volunteers, collaborating vendors and partners.

The world has evolved into a global community. The conditions of local communities, impact those on a regional level, then national level and so on. An individual’s illness or addiction impacts and is impacted by his family and community. By the same token, mentoring one teen can cause a ripple effect of positive change that will prevent violence in his or her community. When we help another agency operate more effectively through capacity building, they can service their immediate community more effectively and that translates to greater-good on a local, regional, national and global level.

Strengthening people strengthens communities. And that’s what we endeavor to do at South Side Help Center.

To Give, visit our website at www.SouthSideHelp.org